

40 Days of Prayer – Adoration

Psalm 150:6 “Let everything that has breath praise the Lord. Praise the Lord!”

Psalm 63:1-8 O God, You are my God; I shall seek You earnestly; My soul thirsts for You, my flesh yearns for You, In a dry and weary land where there is no water. 2 Thus I have seen You in the sanctuary, To see Your power and Your glory. 3 Because Your lovingkindness is better than life, My lips will praise You. 4 So I will bless You as long as I live; I will lift up my hands in Your name. 5 My soul is satisfied as with marrow and fatness, And my mouth offers praises with joyful lips. 6 When I remember You on my bed, I meditate on You in the night watches, 7 For You have been my help, And in the shadow of Your wings I sing for joy. 8 My soul clings to You; Your right hand upholds me.

1. Praise _____ upon God.

Psalm 63:1-2 O God, You are my God... Thus I have seen You in the sanctuary, to see Your power and Your glory.”

We seem to have a perpetual preoccupation with _____.

The wilderness reminds us our _____.

Psalm 42:5 Why are you in despair, O my soul? And *why* have you become disturbed within me? Hope in God, for I shall again praise Him *for* the help of His presence.

2. Praise grows out of our desperate search _____.

When I talk about knowing God, I’m talking about knowing His nature, recognizing His presence, reveling in His love, and experiencing His activity in our lives.

- Consider David’s search to know God...

- I have _____ for you.

Psalm 63:1 O God, You are my God; I shall seek You earnestly.

- I have _____ you.

Psalm 63:2 Thus I have seen You in the sanctuary, To see Your power and Your glory.

- I have _____ you.

Psalm 63:3, 6-7 Because Your lovingkindness is better than life, My lips will praise You... When I remember You on my bed, I meditate on You in the night watches, 7 For You have been my help, And in the shadow of Your wings I sing for joy.

- We will only recognize our experience with God when we know the character of God.

3. Praise declares the _____.
Psalm 63:1-3 O God, You are my God... Thus I have seen You in the sanctuary, To see **Your power and Your glory.** ³ Because **Your lovingkindness** is better than life, My lips will praise You.

Jeremiah 32:17-19 ‘Ah Lord GOD! Behold, You have made the heavens and the earth by Your great power and by Your outstretched arm! Nothing is too difficult for You, ¹⁸ who shows lovingkindness to thousands, but repays the iniquity of fathers into the bosom of their children after them, O great and mighty God. The LORD of hosts is His name; ¹⁹ great in counsel and mighty in deed, whose eyes are open to all the ways of the sons of men, giving to everyone according to his ways and according to the fruit of his deeds.

Consider using an acrostic with the word PRAY to strengthen your prayer life

- P – _____
- R – _____
- A – _____
- Y – _____

Psalm 34:1-3 “I will extol the LORD at all times; his praise will always be on my lips. ² My soul will boast in the LORD; let the afflicted hear and rejoice. ³ Glorify the LORD with me; let us exalt his name together.”

What changes will you make in how you pray so that your prayers will focus on God in praise?